

Arc Trainer® Crank Cover

Kit No. **600AK023**

Installation Instructions

NOTE: This instruction sheet describes how to replace the crank cover on the Arc 600A, 610A, 619A, 620A, 629A, 630A, 639A.

TOOLS REQUIRED

- Phillips screwdriver
- 3/16 Allen wrench

1. **Read and understand all instructions thoroughly before installing this kit.**
2. **Verify kit contents. See Figure 1**

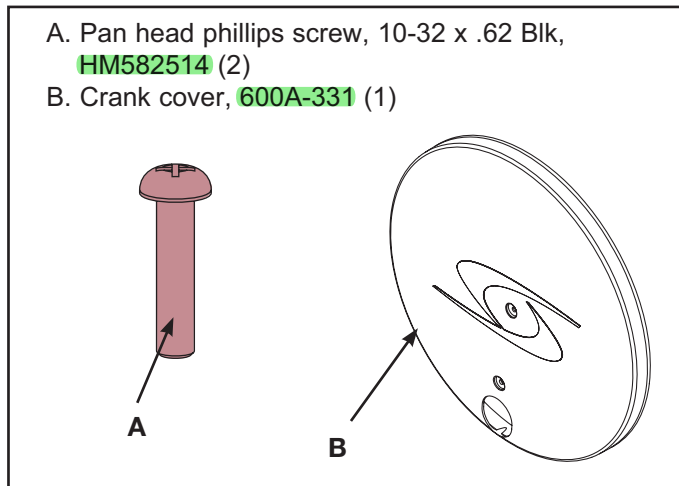


Figure 1

3. Detach the linkage arm.

- A. Using a 3/16" Allen wrench, remove the SHCS, flat washer, cap and spacer securing the linkage arm. See Figure 2.

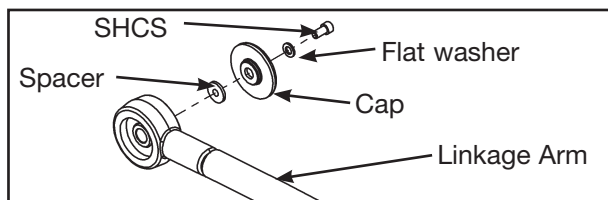


Figure 2

- B. Lay the linkage arm down on the frame.

NOTE: Place a cloth in between the linkage arm and the frame to prevent scratches.

4. Remove the crank cover.

- A. Using a Phillips screwdriver, remove the two screws securing the crank cover and remove the crank cover.

NOTE: If unit has three screws, then remove crank cover mounting bracket and discard as this is no longer required.

5. Attach the new crank cover.

- A. Place new crank cover (B) in position.

- B. Using a Phillips screwdriver, attach the two screws (A) securing the crank cover in place. See Figure 3.

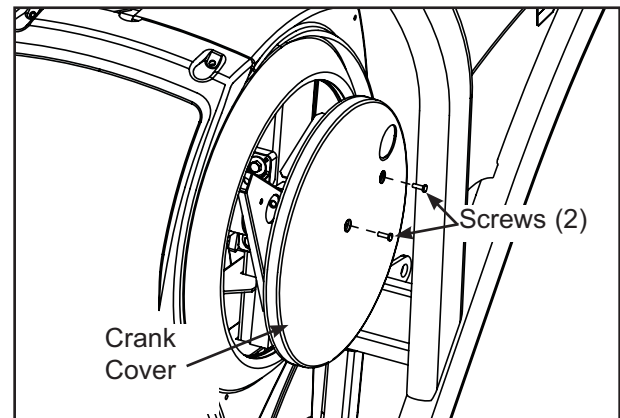


Figure 3

6. Secure the linkage arm.

- A. Reinstall SHCS, flat washer, cap and spacer that was removed in step 3A. See Figure 2. **NOTE:** SHCS must be tightened to a minimum of 100 inch-pounds.

7. Test unit for proper operation.



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